

able
SOUTH CAROLINA

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able

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independent
living for all

“Independent Living is not doing things by yourself. It is being in control of how things are done.”
— Judy Heumann

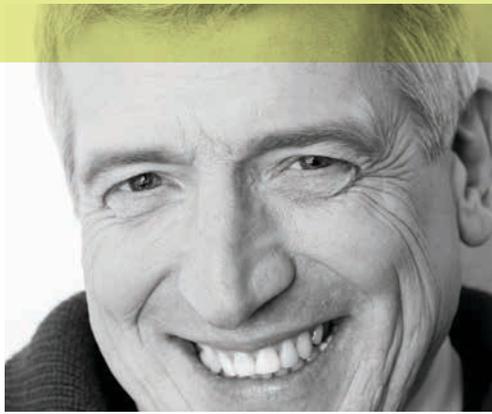
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This brochure is available in alternative formats.





Don't feel sorry for people with disabilities. Empower them. Break down the barriers that prevent them from getting where they want to be. Empower them to learn new ways of doing. Challenge them to advocate for their own best opportunities. Give them the tools they need to make their own choices and to make a life of their own, with as much autonomy as possible. Then stand back and cheer. That's what we do.

Able SC is a Center for Independent Living (CIL), an organization not about "helping" people with disabilities, but built on the central concept of self-empowerment. It's a consumer-controlled, community-based, cross-disability nonprofit that provides an array of independent living services.

We do everything it takes to empower people with disabilities to live active, self-determined lives through advocacy, services, and support. More than half of our staff are persons with disabilities, as are over half of our Board of Directors. We didn't just learn this; we live it.

ADVOCACY

We're at the forefront of activism and leadership on any and all issues affecting people with disabilities — issues like accessibility, public accommodations, and transportation. These are critical in achieving full inclusion in community life. We work with local, state, and national leaders to bring about change and create opportunities.

Able SC also promotes self-determination through efforts like employment and daily living. Moving individuals to own their destiny means giving them the knowledge and skills for self-advocacy — to get all the support services they need from their community, their schools, and their providers.

INFORMATION + REFERRAL

Able SC accumulates and maintains invaluable information on all resources in each of the communities we serve. We can help individuals and their families connect with the right internal and external resources for a variety of needs.

INDEPENDENT LIVING SKILLS

We offer a broad curriculum in activities and skills training for daily life, safety and wellbeing, customized to meet individual needs. Independent living specialists work one-on-one to create individual goals for independence and road maps for achieving them. Some examples include:

- Self-determination and Advocacy
- Communication Skills
- Employment
- Household Management
- Budgeting
- Healthy Living
- Leadership Skills

PEER SUPPORT

Peer Supporters serve as role models, as only someone with personal experience with disabilities can do. They share life experience and bring new ideas and information to facilitate independence. They work one-on-one, in small groups, and do regular monthly peer support groups for those interested — both on site and online.

ASSISTIVE TECHNOLOGY

Able SC has a closet full of adaptive equipment available for reuse — allowing people with disabilities to experiment with free equipment that could enhance independence.

YOUTH TRANSITION SERVICES

Able SC equips youth with disabilities with the skills needed to successfully transition to adult life. We give high school students the specific skills they need to plan for their future, like identifying goals and the steps required to reach them.

TRANSITION TO THE COMMUNITY

We all want to be a part of the community! Able SC can assist people with disabilities with living where they choose and maintaining their independence in the community. We can help navigate a move from any environment, including institutions.

OUTREACH + TRAINING

Able SC offers a variety of training programs to educate and assist the community in disability accommodation and awareness. Fees are on a sliding scale and discounted for nonprofit groups.

Accessibility Assessment

Able SC offers consultations, site reviews, and recommendations for removing physical barriers from public and private buildings in order to meet Americans with Disabilities Act (ADA) structural guideline.

ADA Rights, Accessibility and Accommodation

Able SC offers community members and groups professional training covering employment rights, reasonable accommodations and accessibility required under the Act.

Disability Awareness

Disability sensitivity training is available to educate a variety of audiences on "person first" language, disability etiquette, and disability rights.