Able SC offers peer networking groups for individuals with all types of disabilities. Our "Empower Hour" is led by your peers and meets to discuss the meaning of independence, share resources, find social opportunities, and provide support and encouragement to each other.

Empower Hour is a great chance to connect with others and meet new friends. Individuals with disabilities can participate in one of our in-person meetings at our Midlands or Upstate offices or in an online peer group.

WHEN: THURSDAYS FROM 4-5 PM

IN-PERSON DATES:

- January 23
- February 27
- March 26
- April 23
- May 28
- June 25
- July 23
- August 27
- September 24
- October 22
- November 19
- December 17

ONLINE DATES:

- January 9
- February 13
- March 12
- April 9
- May 14
- June 11
- July 9
- August 13
- September 10
- October 8
- November 12
- December 10

If you are interested in participating online, RSVP at least a day before the meeting, so that we can provide you log-in information. To register, call 803-779-5121, TTY: 803-779-0949, or email dtempio@able-sc.org.

To make a request for accommodation based upon disability, please call us at 800-681-6805 a week before the event. Our office locations are accessible and served by public transportation.

Columbia Office: 720 Gracern Road Suite 106, Columbia, SC
Greenville Office: 135 Edinburgh Court Suite 101, Greenville, SC