

EMPOWER HOUR 2020

Able SC offers peer networking groups for individuals with all types of disabilities. Our "Empower Hour" is led by your peers and meets to discuss the meaning of independence, share resources, find social opportunities, and provide support and encouragement to each other.

Empower Hour is a great chance to connect with others and meet new friends. Individuals with disabilities can participate in one of our in-person meetings at our Midlands or Upstate offices or in an online peer group.

WHEN: THURSDAYS FROM 4-5 PM

IN-PERSON DATES:

January 23	July 23
February 27	August 27
March 26	September 24
April 23	October 22
May 28	November 19
June 25	December 17

ONLINE DATES:

January 9	July 9
February 13	August 13
March 12	September 10
April 9	October 8
May 14	November 12
June 11	December 10

If you are interested in participating online, RSVP at least a day before the meeting, so that we can provide you log-in information. **To register, call 803-779-5121, TTY: 803-779-0949, or email dtempio@able-sc.org.**

To make a request for accommodation based upon disability, please call us at **800-681-6805** a week before the event. Our office locations are accessible and served by public transportation.

Columbia Office: 720 Gracern Road Suite 106, Columbia, SC
Greenville Office: 135 Edinburgh Court Suite 101, Greenville, SC